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WORKSHOP PRESENTATION

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Motion correction for free breathing quantitative myocardial T_2 mapping: impact on reproducibility and spatial variability

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Background

Quantitative myocardial T_2 mapping is a promising technique for *in-vivo* assessment of inflammation and edema [1]. Free breathing T_2 mapping sequences increase the flexibility in the choice of the number of T_2 prep echoes times (TE_{T2P}), but should be combined with respiratory motion correction technique [2]. In this study, we sought to evaluate the performance of the Adaptive Registration of varying Contrast-weighted images for improved Tissue Characterization (ARCTIC) algorithm [3] for in-plane motion correction in T_2 mapping data and its impact on in-vivo reproducibility and spatial variability of myocardial T_2 estimates.

Methods

Seven healthy adult subjects (30 ± 17 y, 3 male) were imaged using a 1.5 T Phillips scanner. T_2 mapping was performed using either 1) a " $T_{2P}4TE$ " sequence (4 T_2 prep echo times=[0, 25, 50, ∞]), or 2) a " $T_{2P}20TE$ " sequence (20 T_2 prep echo times=[0, 25, 30, 35, ..., 95, 100, ∞ , ∞ , ∞]) [4]. $TE_{T2P}=\infty$ was simulated by acquiring an image immediately after a saturation pulse [4]. Each subject was imaged using eight T_2 mapping scans in the following order: 1) breath-held $T_{2P}4TE$ (BH), 2) free breathing $T_{2P}4TE$ *without* respiratory navigator (FB), 3) free breathing $T_{2P}4TE$ *with* respiratory navigator (FB+NAV), and 4) free breathing $T_{2P}20TE$ *with* respiratory navigator (5 repetitions). The same 2D short axis slice was acquired with all scans using single-shot ECG-triggered acquisitions with balanced SSFP imaging read-out ($TR/TE/\alpha=2.7\text{ms}/1.35\text{ms}/85^\circ$, $FOV=240 \times 240\text{mm}^2$,

resolution= $2.5 \times 2.5 \times 8\text{mm}^3$, 10 linear ramp-up pulses, SENSE rate=2, 51 phase encoding lines, linear ordering). Accuracy of in-plane motion correction was evaluated in the first three scans by measurements of the DICE similarity coefficients (DSC) (1: ideal registration, 0: none) and the myocardial boundary error (MBE) with and without using ARCTIC. T_2 mapping reproducibility and spatial variability with and without using ARCTIC was evaluated over the entire myocardium using the 5 repetitions of the $T_{2P}20TE$ sequence and 1) a subset of 4 T_2 prep echo times=[0ms, 25ms, 50ms, ∞] (referred to as 4TE) and 2) all 20 T_2 prep echo times (referred to as 20TE).

Results

ARCTIC increased DSC in BH data (0.90 ± 0.02 vs. 0.87 ± 0.05 , $p=0.09$), FB data (0.91 ± 0.02 vs. 0.79 ± 0.15 , $p=0.009$), and FB+NAV data (0.90 ± 0.02 vs. 0.86 ± 0.08 , $p=0.039$), and reduced MBE in BH data (0.63 ± 0.09 vs. 0.74 ± 0.12 , $p=0.049$), FB data (0.60 ± 0.12 vs. 1.16 ± 0.71 , $p=0.007$), and FB+NAV data (0.61 ± 0.13 vs. 0.83 ± 0.28 , $p=0.025$). ARCTIC improved the reproducibility (4TE: $5.0 \pm 2.3\text{ms}$ vs. $5.9 \pm 3.1\text{ms}$, $p=0.011$; 20TE: $2.4 \pm 1.0\text{ms}$ vs. $4.3 \pm 3.9\text{ms}$, $p=0.002$) and reduced spatial variability (4TE: $11.1 \pm 3.6\text{ms}$ vs. $13.7 \pm 4.3\text{ms}$, $p<0.001$; 20TE: $7.9 \pm 1.8\text{ms}$ vs. $10.6 \pm 5.3\text{ms}$, $p=0.001$) of in-vivo T_2 mapping.

Conclusions

The ARCTIC technique substantially reduces spatial mis-alignment among T_2 -weighted images and improves both the reproducibility and the spatial variability of in-vivo T_2 mapping.

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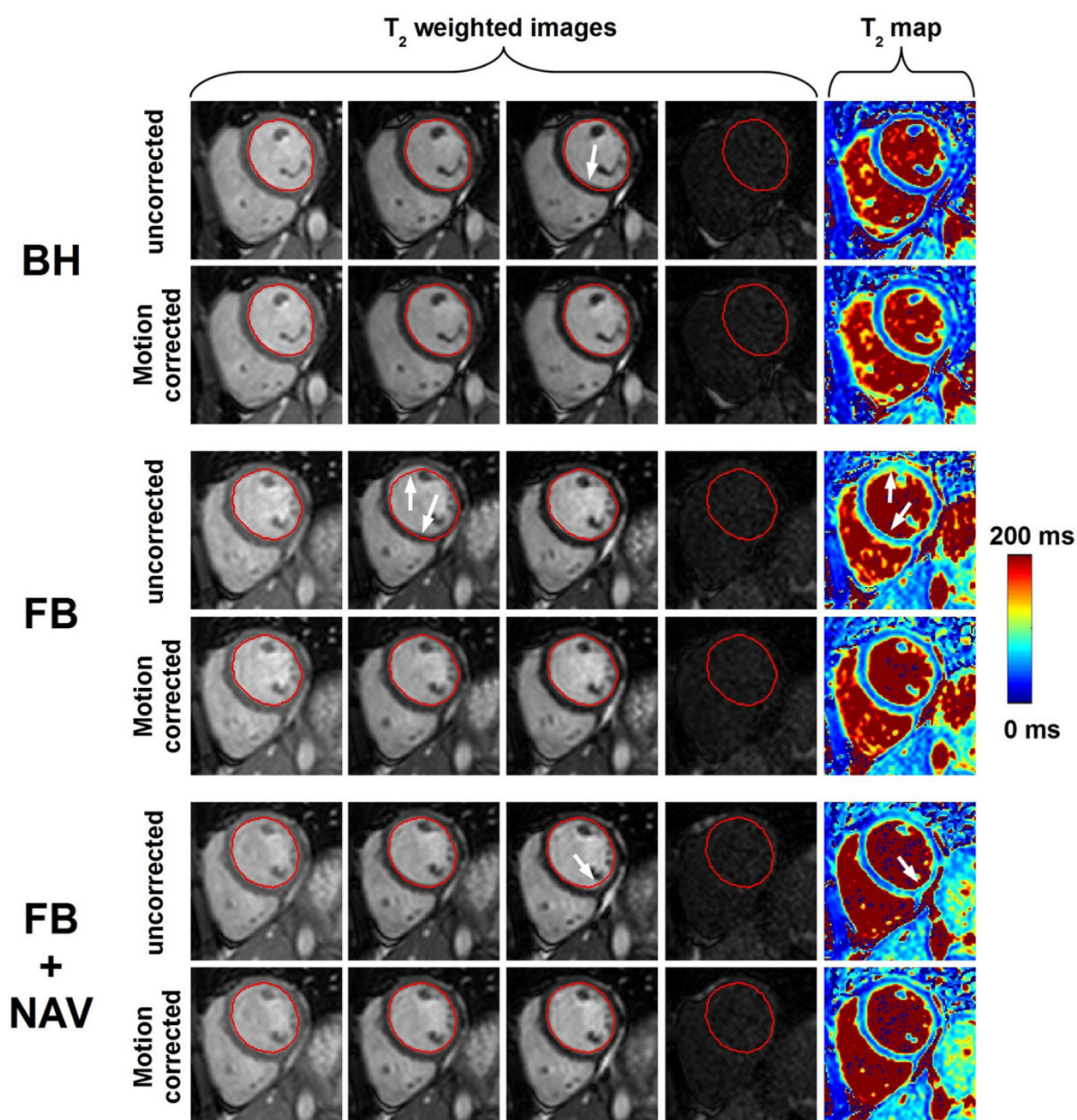
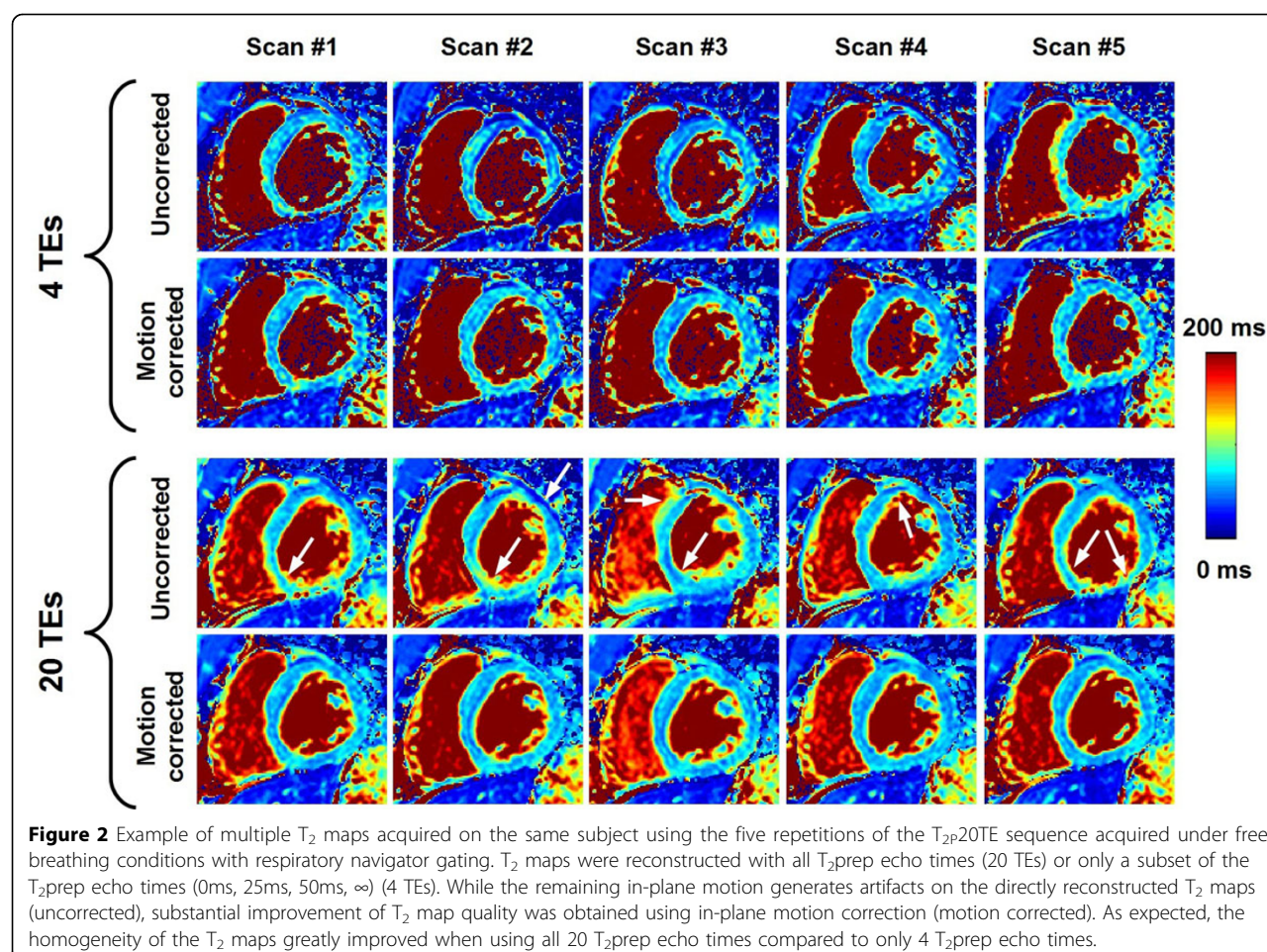


Figure 1 T₂ scans from one subject acquired using the T₂ρ4TE sequence under breath-hold (BH), free breathing (FB), and free breathing with respiratory navigator gating (FB+NAV). Data are shown without (uncorrected) and with (motion corrected) in-plane motion correction. The endocardial contour of the left ventricular (LV) myocardium, drawn on the reference image (1st image) of each scan, is reported in all subsequent T₂-weighted images to facilitate visual motion assessment. Misalignments observed among uncorrected images (white arrows) were substantially reduced after in-plane motion correction using ARCTIC. Furthermore, artifacts in uncorrected T₂ maps (white arrows) were reduced in motion corrected T₂ maps.



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